# Spa SERVICES

At LakeView Spa in Bella Vista Suites, Lake Geneva, WI

### **Spiritual Direction**

50/70/90 Minutes—\$99 / \$129 / \$149

Gentle soul sistering for your personal spiritual journey, offering guidance in a personalized, loving way. "She didn't guide me based upon some regurgitated spiritual coaching process or workbook. She guided me through true Spirit with incredible compassion, intuition, and a pure and gentle knowing that to this day makes me feel safe and protected enough to continue my spiritual exploration and expansion. " (Heather Blessington)

# **Life Coaching**

50/70/90 Minutes—\$99 / \$129 / \$149

Personal changes and next chapters, peace of mind-body-spirit, relationships; fulfilling-life care and re-storying.

### Card Readings for Inner Calm \$39

For entertainment or inner wisdom; oracle cards are a spiritual tool; offering insight, confirmation, clarification...and conversation. When your spirit needs peace or insight, ask for a card reading.

LakeView Spa | BellaVistaSuites.com
by Anne Wondra | WonderSpirit Soul Sistering
Feminine spirit Life Coaching & Writing
WonderSpirit.com | CALL 262-248-2100 to register

#### **BOOK LOUNGE**

Uncommon conversation, connecting, self-uplifting

**April-May Mondays** \$69 | 6 for \$345

Big Magic by Elizabeth Gilbert

Creative living beyond fear, as a Maker, a writer, sensitive spirit, story-teller, an artist, or muse; our path takes courage, holds enchantment, receives permission, asks persistence and trust, reveals divinity.

**June-July Tuesdays** \$69 | 6 for \$345

Making Life Easy by Christiane Northrup, M.D.

Spirit body mind soul; living fully, happier, easier, more joyously; life healing wisdom, grace, of a well-seasoned physician of women.

## WRITING SANCTUARY Wednesdays

for women to write

\$69 / \$59

Well-being is a lot about emotions and hearts and relationships. Release old emotions. Write letters. Write your wishes. Write whatever's got your name on it to say.. Writing is inner peace work.

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