

LAKEVIEW SPA WRITING Sanctuary for women to write

LakeView Spa, Bella Vista Suites, LAKE GENEVA

Get it off your chest. Release emotions. Write letters. Write your wishes. Write whatever's got your name on it to say... Wellbeing is a lot about emotions and hearts and relationships.



69 per session / better together 59
Payment accepted through LakeView Spa
Call 262-248-2100 to register
BellaVistaSuites.com

10:30 am – 1 pm | WEDNESDAYS | BELLA VISTA SUITES * [Lakeview Spa](http://LakeviewSpa.com) * Lake Geneva

Led by Anne Wondra, WonderSpirit Soul Sistering writer coach

How Writing Wednesdays Work:

- Check-in gathering, centering
- Personal writing time 60-90 minutes
- Re-gather with option to share... giving voice to becoming; being heard; voice-finding; without critique...

Provided:

- A guide, writing and wellness resources, and spirit-lifting energy-clearing catalyst
- Paper, composition journals; or you can bring your own or use your laptop or tablet



WonderSpirit Soul Sistering
feminine spirit life coaching & writing
WonderSpirit.com - Anne Wondra

- LakeView Spa Amenities: dreamy lake view, writing inside or outside patio, Himalayan salt sauna, pool

What to bring:

- Your favorite perfect-writing-day accessories, supplies, and treats

Food carry-ins are welcome at Bella Vista Suites and LakeView Spa. There is coffee and hot water for tea. Several restaurants and downtown Lake Geneva are nearby and in walking distance.

Open to Bella Vista guests and local communities

... To write through to resolution, get out the whine, go past the “useless questions,” and uncover the upset beneath it, the imaginary lid on your box. (that has already been removed and isn’t there anymore) (Henriette Anne Klauser, [Put Your Heart on Paper](#): Staying Connected in a Loose-Ends World,)



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