



WEEKLY SCHEDULE

MONDAY Morning LIGHT Women's Spirit Circle CALLS

RESOURCE: Mama Gena's School of Womanly Arts

Using the Power of Pleasure to have your way with the world, by Regena Thomashauer.

10 Women's Spirit Lessons of Soul and Self LIGHTING

More info at Wonderspirit.com/calendar

LESSON	DATE	The WOMANLY ARTS	NOTES
1	Aug 6	The Case for Pleasure	
2	Aug 13	Whetting your Own Appetite	
3	Aug 20	Having Fun	
4	Aug 27	Sensual Pleasure	
BREAK	Sep 3	LABOR DAY HOLIDAY WEEK	
5	Sep 10	Flirtation	
6	Sep 17	Owning Your Beauty	
7	Sep 24	Partying with Your Inner Bitch	
8	Oct 1	Owning and Operating Men	
9	Oct 8	Inviting Abundance	
10	Oct 15	The Sister Goddess Study Guide	