

The 10 Steps To A Strong Personal Foundation

1. HONOR YOUR BOUNDARIES

BOUNDARIES PROTECT YOU FROM PEOPLE THAT YOUR SPIRIT CANNOT EASILY AFFORD

2. RAISE YOUR STANDARDS

THE HIGHER YOUR STANDARDS, THE FEWER PROBLEMS YOU WILL EXPERIENCE IN LIFE

3. CLARIFY YOUR REQUIREMENTS

EVERYONE IN YOUR LIFE DESERVES TO KNOW WHAT YOU EXPECT/REQUIRE OF THEM

4. FINISH YOUR UNFINISHED BUSINESS

THE FEWER UNRESOLVED ITEMS IN YOUR LIFE, THE MORE CONFIDENT YOU WILL FEEL

5. GET YOUR PERSONAL NEEDS MET

UNTIL YOUR PERSONAL NEEDS ARE MET, IT'S DIFFICULT TO LIVE POWERFULLY AND SUSTAINABLY

6. ORIENT AROUND YOUR VALUES

WHEN YOU ORIENT YOUR LIFE AND YOUR GOALS AROUND YOUR VALUES, FULFILLMENT NATURALLY OCCURS

7. BUILD RESERVES IN ALL AREAS

HAVING MORE THAN ENOUGH CALMS THE MIND AND AFFORDS MORE EXPERIMENTATION IN LIFE

8. IDENTIFY AND REDUCE TOLERATIONS

WHAT YOU PUT UP WITH DRAINS YOUR ENERGY AND SLOWS YOUR DEVELOPMENT

9. HANDLE THE MONEY, COMPLETELY

UNTIL YOUR MONEY IS HANDLED, YOU ARE NOT AT CHOICE IN LIFE

10. DEFINE SUCCESS FOR YOURSELF

WHEN YOU DEFINE SUCCESS FOR YOURSELF, LIFE BECOMES VERY, VERY SIMPLE

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