

Anne Wondra

What I Do: Artist Statement (June 2016)

There are a lot of things we don't have in life, but time is not one of them. Time is all we have. One lifetime under this name to produce a body of work that says, "This is how I saw the world." Your work is worthy of whatever time it takes. – Jan Phillips

I'm a muse. I've always appreciated the arts, nature, beauty, and surrounding myself with it. Somewhere I started writing... First, it was collecting 'life wisdom' ... words that uplifted me, helped me figure out how life worked, who I was; words that held wisdom that applied across religions and skin colors and inspired me to be a better person.

Professionally, life has taken me into a well-seasoned mix of experience worlds, academic degrees, courses, seminars, and certifications: legal, administrative, parish ministry, human resources, wellness educating, life coaching, and business ownership / entrepreneurship. Writing and WonderSpirit come under that entrepreneurship one. A part of me that got stronger as I got older. And it's in my blood...a farmer's daughter; my grandmother started her own business too; and there are more writers in our family tree.

It's easier to hide; it takes courage to 'come out' of hiding and honor what your life is transforming you to be. Self-discovery is sacred work. There are certain awakenings and defining moments in everyone's life that compel us to find our voice, our wings, to come out of hiding because we can't anymore... When an egg is ready to hatch, a chick will break the shell and it will be in a new world; there is no going back, only growing...

I don't think I came to this earth to be invisible. I think I came to be a light; to be a comfort, a companion, a guide, a soul whisperer; one who empowers the spirit of joy and vibrance, self-awareness and awakening, and warms and reassures with words. I write because the words flow...and because the words I write are ones only I can say, ones that I need to write because they are part of my becoming, living who I am here to be...or maybe the words I write are the exact words someone reading this or that post needs... I call it *following the muse....being me.*

I love cats, art, coffee, Michael, and beaches...not necessarily in that order; and I'm a vegetarian and humane society volunteer. You'll find more and some free offers following the links below:

Writings and Websites:

www.WonderSpirit.com – WonderSpirit Coaching

www.AnneWondra.com – All Things Anne Wondra (writings)

www.EverydayGoddessCommunity.com – Everyday Goddess Community