

WELLNESS SEMINAR

Educate Yourself

Make Informed Decisions about You and Your Family's Health

Learn About:

Nutrition: What we need out of our food

Vitamins: The difference between brands

Immune System: How to strengthen & protect from illness

Going Green

Help yourself or someone you know who is experiencing:

*Asthma Allergies Menopause Arthritis High Cholesterol Weight
Management Prostate Issues Macular Degeneration Heart Disease
Diabetes Cancer Stroke Parkinson's Depression Hypertension Chronic
Fatigue Osteoporosis Alzheimer's Fibromyalgia Stress Multiple Sclerosis
AND MUCH MORE!*

Don't miss this life enriching event about health and wellness!

Space is Limited

* Presented by Theresa Zyniecki*

* 4 Points Wellness*