

Opportunity Knocks in Job Loss

A Wellness Workshop to 'uplift' your attitude



Feel Better About what is.
And help your self too!

When life hands you lemons,
make something ENJOYABLE out of
those lemons. An uplifting emotional,
social, and creative career well-being /
wellness workshop.

Presenter:

Anne Wondra, CHRM

Life Wellness Coach, Muse

I'm in the life-enjoyment business.

WonderSpirit Coaching

www.WonderSpirit.com

Next Class

Friday, August 7, 10:00-11:30

Kindred Spirit Wellness Center

2312 N Grandview Blvd - Suite 101, Waukesha

262-544-4310 | Registration Appreciated