

LOVE-YOUR-LIFE...

Aging Gracefully Coming into your own

Making Life Count -

You are a woman with a little life under her belt,
and in her heart,
no more kids to cart around,
maybe in search of *something* to feel passionate, purposeful and proud of,
and maybe nobody to answer to but yourself, or maybe not.

When half your life is over, look back. Then look forward.
What regrets do you not want to have?
What legacy do you want to leave?
Where do you want to make a difference?

This class will help with the answers.

*I expect to pass this way but once;
If there be any good that I can do
or kindness I can show, let me do it now;
for I shall not pass this way again. (Unknown)*

This is a class for women in the 2nd half of life,
women who are changemakers --
or changemakers in the making,
Grown women, wise women, elders, guardians, cultural creatives;
women who desire to use their age as an asset.

This class will re-frame Hallmark's *over-the-hill* and *black-balloon* images.

Re-frame and re-package.
There is so much MORE and BETTER

The conversation is about living with Intention,
Figuring out what your soul came here for

You DO have the ability to influence the world around you, to be a change
maker.

(It's little things that have the biggest impact.)

You came here with a purpose. There are clues. I'll share them.

*There is something you can do better than any other.
Listen to the inward voice and bravely obey that.*

It is not our darkness that frightens us most: it is our LIGHT.

I am calling you into your GREATNESS and providing a **bridge** and a **flashlight** to help you get there.

Creator-Presenter: Anne Wondra, CWC

Soul coach, muse

www.wonderspirit.com

262-544-4310

Exchange: \$20

Pre-Registration required.

<http://www.wonderspirit.com/lyl2010.html>

LOVE-YOUR-LIFE[®]

Personal Happiness, Health, and Wholeness

empowering women in life, work, and spirit since 1996

Because NO ONE has a greater stake in **your happiness** than YOU do.