

Honor Yourself day

Do you value yourself as much as.....your husband, your kids, your family, your home, your job, your financial freedom? Do you take the time to honor who you are? Or to re-connect with that person? Or maybe you've lost contact with that person you originally set out to be? Would you like to strengthen your connection? Or re-discover that person? Are you **finally ready to do this for yourself? If so, than Reiki is for you. Experience 1 hour of peace, quiet and energy giving just for **you**.**

Or is the stress of life getting you down? How many times have you wished to get away to a place of calm and quiet. A place of no pressure, phone calls or interruptions? Is your head spinning? Your feet sore? Your shoulders hurting? Yes? But you don't have time for a full hour of Reiki? Than what about a 1/2 hour session to the area which needs the most calming? Send energy there allowing yourself to keep going, until that time, when you can honor yourself with a full session. If interested, call for more information.

Monday, November 16, 2009

Monday, January 25, 2010

Cost: \$55.00 1 hour

\$30.00 1/2 hour

Sue Katzuba

262-544-4632 **Must pre-schedule sessions**

Kindred Spirit Center

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