

Meet Anne Wondra:

Anne Wondra is a corporate professional and life coach with a passion to empower, inspire, and energize. Once upon a time, she was the ugly duckling outcast, the kid who didn't fit in, the one who was shunned, called names, and made fun of by the other kids.

It took some time to get past that; to be, love and appreciate the person she is. A lot of life wisdom was gained in the process.

Using that, and her experiences and education since, she has created classes and a company to empower women to unlock and appreciate all that is good and honorable and beautiful about them.

You are good, gifted, talented, and beautiful. My role is helping you see it and free it—so you can use it and share it.

- Anne Wondra

