



## Adult Learning Principles

1. Adults learn best when they are involved in diagnosing, planning, implementing, and evaluating their own learning.
2. The role of the facilitator is to create and maintain a supportive climate that promotes the conditions necessary for learning to take place.
3. Adult learners have a need to be self-directing.
4. Readiness for learning increases when there is a specific need to know.
5. Life's reservoir of experience is a primary learning resource; the life experiences of others add enrichment to the learning process.
6. Adult learners have an inherent need for immediacy of application.
7. Adults respond best to learning when they are internally motivated to learn.

- Malcolm Knowles, 1980