



Wonder Spirit
CELEBRATING THE FEMININE SPIRIT

Wonder Spirit Coaching
In the Art and Soul of Living Well



Class Schedule *

WonderSpirit.com

EverydayGoddessCommunity.com

Waukesha WI 6:30 pm	Tele-class conference call 7 pm	Love-Your-Life soul-and-wellness workshops and classes
5/9/2012		Introducing the Sacred Feminine. ...to balance the masculine and explore images and concepts of the divine that mirror our female bodies, feminine spirit, and ways of knowing; hidden in our religions and needed for our wholeness. All things feminine hold a different kind of strength, knowledge, operating system, value system, perception, power, understanding, and skill set. And we shortchange ourselves and our well-being when we miss this.
	5/16/2012	Wellness, Goals, and Dreams... beginning inside... and following through. A love-your-life lesson of inspiration and tools to motivate, support, and empower your clarity and commitment to your goals and dreams and life. To your heart, health, happiness, and success.
5/21/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
5/23/2012		Gifted and Talented in Gifts of the Spirit. Healers, psychics, intuitives, and other gifted ones. Lightworkers. Maybe you or someone close to you is, or might be, one of these gifted ones. Spiritual gifts have been around for a long time. What are spiritual gifts? Where do they come from? How do we know? How do we find mentors and guidance, as our gifts--and we--grow? That and more comes with this class.
6/13/2012		Sacred Space, Sacred Circles, Sacred Time. The ART and muse of sacred space to create in, time set aside to mark important moments, circles of support, music and art to inspire.

*Subject to change. Advance registration required at least 2 days prior to class.

Register online at www.WonderSpirit.com or call 262-544-4310. | © Anne Wondra, Soul and wellness coach



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6/18/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
	6/20/2012	Leadership Styles of Women. Everything is easier when we play to our strengths. If traditional models / methods / networks aren't working or fitting anymore, this session will provide helpful insights, resources, and confidence-building solutions.
6/27/2012		Making Life Count. Living Our Life Purpose. Living with awareness and intention. Addressing the "Why am I here? What's my Life Purpose? How do I know? and I want to make a difference. How can I do it?" questions. There are clues and help with the answers here. There is something your heart and soul came here to do. You matter and make a difference.
7/16/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
	7/18/2012	Women of Wisdom, Walls of Inspiration. Who inspires you? See their faces of inspiration..daily. Create a picture 'wall' (any standard picture frame size) of women you admire. Make sure your picture is among them.
	8/15/2012	The Art of the Proposal. How to get what you want when things are not as you'd like them ... in the work setting and in life and leisure. A process and a tool.

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8/20/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
9/17/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
	9/19/2012	Enviroments of Support... because the environment always wins. Your circles of influence and surroundings (people, things, activities, etc.) either help you or hold you back. Your confidence and well-being are also impacted. If yours needs and upgrade, this workshop will help you create an environment of support and inspiration to grow in.
10/15/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
	10/17/2012	The art of Alignment and Integrity. Personal and public / professional personas; what you do versus who you are. Balancing and blending; supporting body and soul. Being yourself and being <i>all together</i> .

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	11/12/2012	Wellness, Goals, and Dreams... beginning inside... and following through. A love-your-life lesson of inspiration and tools to motivate, support, and empower your clarity and commitment to your goals and dreams and life. To your heart, health, happiness, and success.
11/19/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
12/17/2012		Essential Oils for Beginners. (3rd Mondays) Anne and Amy's awesome essential oil goddesses classes for beginners happen the 3rd Monday of each month. They're informal...like we are. The only agenda is to answer questions you might have and be a resource in finding what you need. We don't do sales pitches or pressuring. We do love our oils, though. So samples, stories, recipes, and information are likely to be around. :) RSVPs at least 1 full day in advance are required. (No RSVPs, no Anne or Amy.) Home party events and tele-class versions by request also.
	12/19/2012	Welcome the New Year: PLAY... with Vision boards and wish lists. (They work.) How to's, how they work, and hands-on creating time. (on your own for teleconference) Participants use the teleconference hold themselves accountable to creating, and also to share their 'vision story' with other friends on the call.

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